

JOYFUL PROMPTS & ACTIVITIES

IDEAS FOR WORKING WITH FAMILIES

Prompts for Opening a Joy-Filled Family Session

What has
brought you
joy this week?

What did you
celebrate this
week?

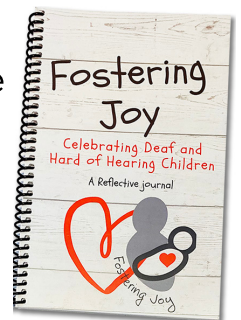
What do you
most enjoy
doing with your
child or as a
family?

What is your
go-to joy-filled
activity with
your child?

What is something your
child does that always
makes you smile?

Activities to Promote & Highlight Moments of Joy

- Start and end each session by discussing a moment of joy from the family's week
- Identify and point out moments of connection and joy during a family session
- Capture joyful moments in a photo and share with the family
- Encourage families to create a "Joy" album on their phone and add to it daily
- Build "joy-reflecting" into daily routines, such as meals or bedtime
- Make joy a focus of programming
- Encourage families to document their joy in the Fostering Joy Journal



Connect, share, and tag your joyful moments



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Fostering Joy is a family/professional movement celebrating the joy of raising and supporting children who are deaf or hard of hearing.