



# The 14th Annual Lone Gull 10K

USATF - NE GRAND PRIX SERIES

**Sunday, September 19, 2021**

Hosted by The Children's Center for Communication/Beverly School for the Deaf  
Event Sponsor-Institution for Savings

[www.lonegull10krace.com](http://www.lonegull10krace.com)

**Mail Applications to:**

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212.  
. 012 .

**Race Director:** Len Femino

**Contact:** Jane McNally -978-927-7070 ext 244  
or janemcnally@cccbsd.org

**PLEASE PRINT CLEARLY**

First Name	Last Name	Email Address	
Address	City/Town	State	Zip Code
Phone	Gender M/F	Age on Race Day	
USATF Team Name (if applicable)		USATF Team/Individual # (if applicable)	

**Race Fee:**

\$35.00

**Day of Race:**

\$40.00

**Make checks payable to CCCBSD**

**Unisex Technical Shirt - first 500 runners**

**Please choose size:**

XS    S    M    L    XL

Team Member Fee with **5 applications** or more: \$30.00 per person. (Team must be submitted together.)

**Proceeds:** All proceeds go to programs at The Children's Center for Communication/Beverly School for the Deaf.

**Packet Pickup:** New England Running Company on 9/18 from 9:30am - 5:00pm or on race day at the registration table.

**WAIVER OF LIABILITY:**

I hereby for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Lone Gull 10K race committee, its affiliates, and subsidiaries, and their respective officers, directors, employees, and volunteers, the Lone Gull Coffee House and its employees, CCCBSD and its employees, the City of Gloucester, USATF, all Eastern Point residents and business owners, and sponsors, coordinating groups and any individuals associated with the Lone Gull 10K, their representatives, successors and assigns, and will hold them harmless for any and all injuries suffered in connection with this event. I attest that I am physically fit to compete in this event. Further, I hereby grant full permission to any and all of the foregoing to use my likeness in all media including photographs, or any other record of this event for any legitimate purpose.

Signature (Guardian signature if under 18)

Date